



Superfoods Pesto Recipe

Ingredients:

- 1 cup raw cashews
- 1 cup basil leaves
- ¼ cup olive oil or avocado oil
- 2 tbsp. nutritional yeast
- 2 tsp. Prairie Naturals Organic Aqua Greens Powder
- 1 clove garlic
- ½ lemon, juiced
- Pinch of salt, pinch of pepper



Method:

- Soak cashews in warm water for 90 minutes
- Drain cashews and add to food processor with basil and garlic
- Pulse until cashews are finely chopped
- Add yeast, Aqua Greens, lemon juice, salt + pepper
- Gradually add oil with the food processor running on low